

# 2023 IMPACT REPORT

### OUR MISSION

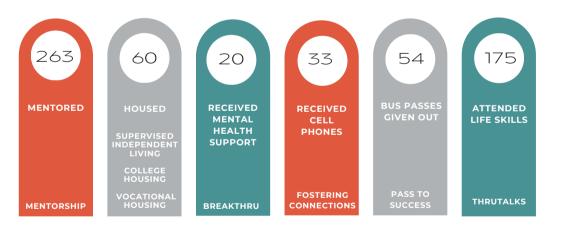
To empower youth with a history of foster care to build independent, successful futures.

### OUR VISION

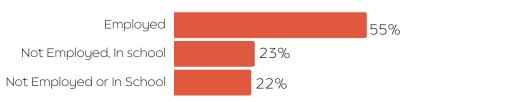
THRU Project envisions a world where everyone with lived experience in foster care has the opportunity to achieve their fullest potential.

#### PROGRAM PARTICIPATION

In 2023, 289 individuals were served across all programs.



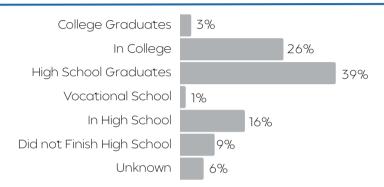
#### EMPLOYMENT (18+)



About 50% of the foster care population will find meaningful employment by 24. These youth struggle to maintain employment due to barriers such as transportation, stable housing, and mental health support. Of the 45% of unemployed clients, 23% are enrolled in higher education.



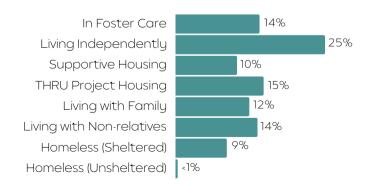
#### HIGHEST LEVEL OF EDUCATION



Only 50% of the nation's foster care population will obtain a high school diploma. 85% of youth served in 2023 have already reached this milestone. Nationally, only 20% of youth will enroll in higher education. With the support of our programs, 30% of our youth are enrolled in college.

\*Unknown population are clients who have not reported their education status

#### HOUSING STATUS



Nationwide, 50% of the homeless population has spent time in foster care. Of the youth served in 2023, less than 10% were homeless, and of those 9% were staying in shelters.

## A LETTER FROM THE CEO:

THRU Project's volunteer mentors, donors and community partners gave us much to celebrate in 2023! Our 10th anniversary kicked off in October. What began as a mentoring program with one paid staff member has blossomed into an organization that now serves youth throughout south central Texas, providing ten programs that empower youth and young adults to attain selfsufficiency and build successful futures.

The impact of these programs far exceeds the national average. For example, 50% of youth who spend time in foster care experience homelessness. At THRU Project, that number is only 10%. We know that only 20% of youth in foster care enroll in college and just 3% will graduate. At THRU Project, nearly 30% of our clients are in college or enrolled in a vocational program and are on-track to graduate. These outcomes show what is possible when communities come together to help youth overcome barriers, bridge gaps, and restore hope.

As always, thank you for the role you play. The inspiring journeys that we've been privileged to witness throughout these past ten years are due in large part to your support. Of course, most of the credit goes to the youth themselves! I'm excited to see what the future holds. Together, we will continue to find creative ways to foster hope after foster care.

With gratitude,

Cantrey Cavert

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#### HIGHLIGHTS

- Our College Housing Program was awarded the Steve Wick Innovative Program Award from Texas Network of Youth Services.
- BreakTHRU mental wellness was officially launched in October 2023.
- We were awarded the Heart Gallery of South Central Texas contract, and look forward to helping youth in foster care find their forever families .
- We moved into our new office space, where we can grow and better serve youth.
- THRU Project was awarded the Neighborhood Builder's Grant from Bank of America.



"Being in the mentor program is the best thing that has happened to me since I moved to San Antonio. My mentor Chris is the best mentor I've ever had in my life. And he is a true friend. I am blessed to have him in my life. He really means the world to me." -Ross



"I enjoy having my mentor because I can talk to her about anything and everything, without feeling judged or embarrassed! She's always supportive of my decisions and gives me the best advice." -Aliyah